

PENTAB ACADEMY NOVEMBER LUNCH MENU

2 TURKEY HOT DOG IN A WHOLE GRAIN BUN WITH POTATOES FRESH FRUIT	3 SPAGHETTI WITH MEATBALLS CARROTS FRESH FRUIT	4 NACHO CHIPS CHICKEN & CHEESE BEANS FRESH FRUIT	5 CHICKEN FRICASSEE WHOLE GRAIN RICE MIXED VEGETABLES FRESH FRUIT	6 CHEESE PIZZA GREEN SALAD FRESH FRUIT
9 HAMBURGER WHOLEGRAIN BUN POTATOES FRESH FRUIT	10 CHICKEN ALFREDO CARROTS FRESH FRUIT	11 School Closed  for Veteran's Day	12 ARROZ CON POLLO (CHICKEN WITH RICE) MIXED VEGETABLES FRESH FRUIT	13 CHEESE PIZZA GREEN SALAD FRESH FRUIT
16 CHICKEN PATTY WHOLEGRAIN BUN BEANS FRESH FRUIT	17 BEEFARONI ELBOW MACARONI CARROTS FRESH FRUIT	18 CHICKEN NUGGETS WHOLE GRAIN RICE PLANTAINS FRESH FRUIT	19 MAC & CHEESE CHICKEN MIXED VEGETABLES FRESH FRUIT	20 CHEESE PIZZA GREEN SALAD FRESH FRUIT
23 No School for VPK or K-8 Preschool & ELC Only	24 No School for VPK or K-8 Preschool & ELC Only	25 Thanksgiving SCHOOL CLOSED for all	26 Thanksgiving SCHOOL CLOSED for all	27 Thanksgiving SCHOOL CLOSED for all
30 TERIYAKI CHICKEN WHITE RICE POTATOES FRESH FRUIT	1 CHICKEN ALFREDO CARROTS FRESH FRUIT	2 BEEF BURRITO BOWL WHOLEGRAIN TORILLA BEANS FRESH FRUIT	3 ARROZ CON POLLO (CHICKEN WITH RICE) MIXED VEGETABLES FRESH FRUIT	4 CHEESE PIZZA GREEN SALAD FRESH FRUIT

THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER.

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